



# MAFN

Advancing Excellence In Facilitation

Are you looking for fresh ideas and ways to improve your facilitation skills? Then you won't want to miss **MAFN's Workshop Series**, 10 sessions starting in September 2013. These three-hour learning sessions offer **networking with your peers and experts** in the facilitation field while you develop valuable skills. **Take advantage of big savings** when you register for the **whole series** as a MAFN member. To learn more about MAFN and its workshops visit [www.mafn.org](http://www.mafn.org)

Professional Development Workshop Series  
Mid-Atlantic Facilitator Network  
[www.mafn.org](http://www.mafn.org)

## Emotions and Defensiveness In The Workplace

September 27: **Ethan Schutz** presents The Human Element (FIRO theory) to understand how underlying emotions are tied to behavior and how and why we become defensive and resistant. You will learn the impact emotions have in the workplace and begin to learn how to recognize and connect emotions to behavior.

## What Lies Beneath: Listening for Client Values & Drivers

October 25: **Margarita Rozenfeld** explains coaching methodology for listening and exploring others' values, motivations and drivers. Develop awareness and appreciation of your own and others' motivational styles. Explore, observe and practice coaching listening skills. Increase your ability to recognize, communicate with and facilitate different motivation styles.

## Choosing Facilitation Techniques during a Change Management Project

November 22: **Linda Howard, Becky Roberts, Andrea Dunathan, and Brook Rolter** focus on the role of facilitation in successful change management. Explore how facilitation applies to change management, which facilitation techniques could be used when, and how to decide which techniques to use for specific situations that arise in a change initiative.

## The Elephant in the Room is Laughing: A Facilitator Looks at Humor's Impact on Group Process

December 13: **Izzy Gesell** examines practical ways and means of understanding and using humor personally and professionally. You will be able to distinguish between the 4 functions of humor; discuss how humor impacts mental, physical, emotional and spiritual perception; apply personal sense of humor to varied groups; AND recall and retell any joke.

## Make Your Best Training Activity Choices Interactive

January 31: **Chuck Needlman** demonstrates the Best Choice activity matrix from North American Simulation and Gaming Association's HOT OFF the presses Training Activity Book to learn how to select activities for facilitating any topic. Working both individually and in groups, discover several potential facilitation frameworks from the book to fit your needs.

## Facilitating Decision-Making Meetings for an Uncertain Future

February 28: **John Lesko** will take the group through specific decision-making exercises and methods, exploring at least two methods each for conducting trend analyses, making expert judgments, and dealing with multi-option analyses. By mid-day, you will have been introduced to and have practiced using at least six tools to bolster your skills.

## Complexity Science

March 28: **Lisa Kimball** uses examples of "liberating structures" which enable us to design and facilitate engagements that literally CHANGE THE CONVERSATION about the nature of a problem and possibilities for solutions. Come away with practical applications of ideas from complexity science, including diffusion of innovation and rapid cycle change.

## Visioning with Vision Boards

April 25: **Elizabeth Scott** examines how to use vision boards with strategy meetings, board values, and diversity sessions. We will discuss, share and practice techniques to help spur group discussion, solve problems, and encourage personal development and leadership using Brighter Strategies Vision Boards.

## Facilitating for Varied Learning and Thinking Styles

May 23: **Dawn Rhine and Paul Cooper** review two of the most popular models (MBTI and VAK/VARK) for understanding personality, and share facilitation methods for engaging participants' unique personalities and preferences. Gain insights and ideas on how to design group processes to maximize participant engagement and involvement in a meeting.

## June Workshop - Details being finalized

### Mid-Atlantic Facilitators Network provides

- Provides resources, knowledge, and encouragement for individuals to grow their facilitation skills and confidence;
- Promotes the value of facilitation to business, government, and non-profit leaders; and
- Develops facilitation opportunities by identifying and sharing projects for and among our members.

Register today at  
[www.mafn.org](http://www.mafn.org)

Register for the whole series and save. Deeper discounts available **ONLY** for MAFN members registering early. All sessions are held monthly on Fridays in downtown Washington, DC, from 8:30 am to 12 noon.

**Metro: Judiciary Square**